



Ministry of Public Health and Sanitation



NATIONAL SYMPOSIUM ON SCALING UP NUTRITION

Nutrition is Key

"Take up your role, Act now"

KENYA NUTRITION BULLETIN

Oct - Dec 2012

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Word from the Minister

The Government is committed and has enshrined in our Constitution the right to food and nutrition as a basic human right and has put in place the Food and Nutrition Security Policy that clearly sets out the priority areas to be addressed to reverse this situation. The Ministry adopted 12 high impact nutrition interventions that are being up scaled nationally to fast track improvement of nutrition indicators. These interventions are proven to reduce mortality by 30% and when delivered as a package have significant impact in lowering under nutrition.



Hon Beth Mugo, Minister for Public Health and Sanitation

The National Nutrition Symposium

The first National Nutrition Symposium hosted by the Ministry of Public Health and Sanitation was held on 5th to 6th November, 2012. Under the banner "Nutrition is Key" and the tagline "Take up Your Role, Act Now!" the symposium provided a unique opportunity for stakeholders to learn from science and experience, be inspired to reverse the alarming trends, and demonstrate their commitment in declarations. Working in collaboration with partners, the Ministry of Public Health's Division of Nutrition used the symposium to stimulate momentum towards responsible citizenry, local participation and multi-sector engagement to nurture and sustain a healthy and productive nation. The symposium provided initial commitment and content for a functional online "Community of Practice" forum that supports sharing of key information, lessons learned and experiences from efforts to prevent malnutrition in Kenya and other countries. The key highlight of the symposium was the launch of Scaling Up Nutrition (SUN) movement in Kenya. ...cont pg 2



The Head Division of Nutrition, Terry Wefwafwa takes the minister of Public Health and Sanitation, Hon Beth Mugo through the National Food and Nutrition Security Policy during the symposium

Acknowledgement;

The Division of Nutrition wishes to thank all line ministries, development partners, implementing partners, private sector, county and community representatives who participated in the National Nutrition Symposium and made it such a great success.



Mr Nabarro introduced SUN as a global movement that is owned by countries. SUN is multi-sectoral and has multiple stakeholders. Four processes are important within SUN countries. First, functioning people-centered multi-stakeholder platforms; second, agreed strategies and legislative frameworks; third, a common set of outcomes around which different groups align ; and fourth, mobilizing additional resources and capacity in support of effective actions to realize these results.

The Scaling Up Nutrition (SUN) movement supports country efforts to reduce malnutrition. The movement was launched at the **1,000 Days: Change a Life, Change the Future** event co-hosted by the United States and Ireland during the United Nations Summit on the Millennium Development Goals in September 2010. Over 100 agencies from donor groups, the United Nations, civil society, the private sector and research institutions have endorsed the SUN Framework that sets out principles for scaling up nutrition and are now working to translate these, guided by the SUN Roadmap, into action. Kenya was the 30th country to join the movement.

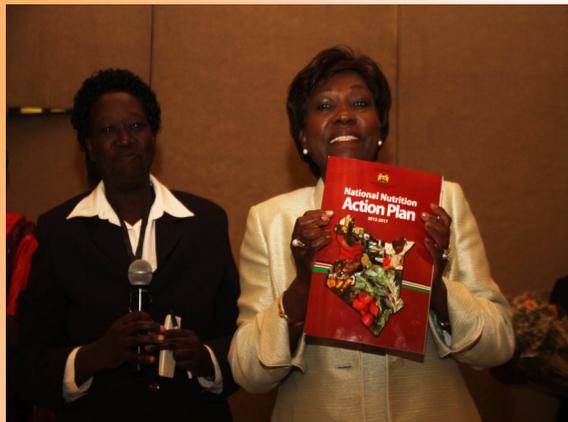
Launch of Scaling Up Nutrition (SUN) Movement in Kenya

Kenya has shown renewed commitment to nutrition and ensured the development of Food and Nutrition Security policy (FNSP); the policy was endorsed by cabinet in August 2011 and launched by H.E. Mwai Kibaki on October 2012. The “National Nutrition Action Plan” a road map and practical tool, which defines high impact interventions from community, county to national level and articulates opportunities for resource mobilization and enhancing partnership, will be used to advocate for support to SUN in the country.

SUN SYMPOSIUM PICTORIAL



The Minister Ministry of Public Health signs her commitment to call to action on scaling up nutrition



The minister displays the Kenya National Nutrition Action Plan



Head, Preventive Medicine, Dr Willis Akwale addresses delegates at the symposium



The minister receives a portrait as a NUTRITION CHAMPION. During her leadership, the Breast Milk Substitute (Regulation and Control) Act 2012 and Food Fortification Regulation were enacted. The nutrition sector congratulates the minister for her exemplary performance.



Regional Director UNICEF, ESARO Elhaji As Sy UNICEF gives a speech at the symposium



ECSA representative Dorothy Namuchimba sign up to Scaling Up Nutrition in Kenya



The Minister for Public Health and Sanitation issues National Nutrition Action Plan the ECSA representative



On the left World Food Program Country Director, Ronald Sibanda and on the right UNICEF Representative to Kenya Rudasingwa Marcel



CJ Jones, Country Manager, GAIN



Dr. Chris Wanyoike, Country Director Micronutrient Initiative



Katie Bigmore, Senior Health Specialist, Health, Nutrition & Population, The World Bank



Nick Hutchinson, Chair, Kenya National Food Fortification Alliance



WHO Kenya Country Director, Custodia Mandalhat signs up to Scaling Up Nutrition in Kenya



Associate Director, Programme Development & Grant Acquisition World Vision Kenya, Shem Ochola addresses delegates at the symposium



Business Development Manager at DSM presents a test kit to the Head, Division of Nutrition



Some members of the symposium organizing committee



Professor Judith Kimiywe, from Kenyatta University addresses delegates at the symposium



Head Nutrition Section, UNICEF Kenya Grainne Moloney, addresses delegates at the conference



Professor Anselimo Makokha from Jomo Kenyatta university of Agriculture and Technology



Paul Obunde from Agriculture Sector Coordination Unit addresses delegates at the symposium



One of the nutrition champions Ruth Situma bids good bye to delegates as she leaves the UNICEF Kenya Country office to join UNICEF team in New York. The nutrition sector congratulates Ruth for her unwavering commitment to improve the nutrition status of the Kenyan population.



The exhibition area at the National Nutrition symposium at Safari Park



Delegates in one of the sessions at the symposium



Delegates in one of the sessions at the symposium



SUN Delegates pose for a photo after closing the Symposium



Division of Nutrition staff and Development partners pose for a group photo at the SUN Symposium

CALL TO ACTION

Reducing malnutrition in Kenya is a political choice. It calls for a multi-sectoral focus, driven by a political will that acknowledges the integral role that nutrition plays in ensuring a healthy population and productive workforce. Communities must be empowered to claim their right to good nutrition and guided to play their role towards realizing this right. The solutions to malnutrition are practical and basic. They have to be applied at scale and prioritized in the national development agenda. The scope of interventions should not only be limited to emergencies.



SUN delegates light up candles as a way to show commitment in the call for action



County delegates hold up their candles at the SUN Symposium



Delegates with lit candles at the SUN Symposium

High impact Nutrition Interventions

Kenya has domesticated the SUN initiative by adaptation of High Impact Nutrition Interventions (HiNi) with a strong commitment to addressing the barriers to scaling up these interventions. The interventions earmarked for full scale up in Kenya include:



Lets support breastfeeding

i) Exclusive breastfeeding:

This intervention leads to the reduction of child deaths by 13%.

ii) Optimal Complimentary Feeding:

This leads to reduction of deaths by 6%.

iii) Hand Washing:

This is the most effective intervention of preventing diarrheal diseases.

iv) Zinc Supplementation for diarrhoea management: This reduces the duration and severity of diarrhoea episode.

v) Multiple micro-nutrients for children under five years:

Home fortification using Micronutrient Powders (MNP_s), composed of Vitamins and Minerals in recommended amounts that young children need for improved nutrition is used as strategy to improve the nutrient content of complementary foods.

vi) Iron and Folic acid Supplementation for pregnant women:

This reduces maternal mortality by 20%



vii) Salt Iodization:

Currently 98% of households in Kenya consume iodised salt; this has significantly led to the reduction of goitre incidences to 6% which is within the global standards. Iodine found in iodised salt leads to improved brain and cognitive development, whereby the child's Intelligent Quotient (IQ) is increased by 13 points when children consume iodised salt.

viii) Fortification of Staple Foods:

This improves the health and nutrition status of the population and more importantly children. Food fortification is mandatory for maize & wheat flour, cooking fats and oils and salt. Fortified foods will bear the food fortification logo.



Food Fortification



KNFFA booth at the SUN Launch

ix) Deworming: If prevalence of soil-transmitted helminths is 50% or more, deworming leads to significant extra gains in weight, height, mid-upper arm circumference and skin fold thickness.

x) Appropriate Treatment and Management of Malnutrition

This is the integration of life saving interventions in the health system to prevent and treat acute malnutrition.

NUTRITION SITUATION

According to the long rains assessment Wajir, Mandera, Garissa and Turkana are still in the critical phase as per the integrated phase classification. The same counties also contribute to 52% on average of the total SAM and MAM caseloads. Areas classified as serious include Marsabit, Samburu, West Pokot and Tana River.

Other counties in the ASAL areas are in the Moderate or Normal Phase. The marginal mixed farming areas of the southeastern and coastal lowlands suffered their third successive failed or poor season.

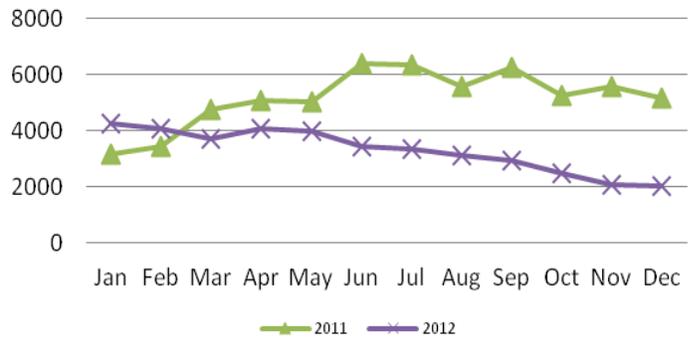
The admissions into the SAM and MAM program in ASAL areas have shown a gradual decline with the outcome indicators being within the sphere standards.

The SAM and MAM admission trends for children under five and pregnant and lactating mothers have shown a gradual decrease in 2012 as compared to 2011.

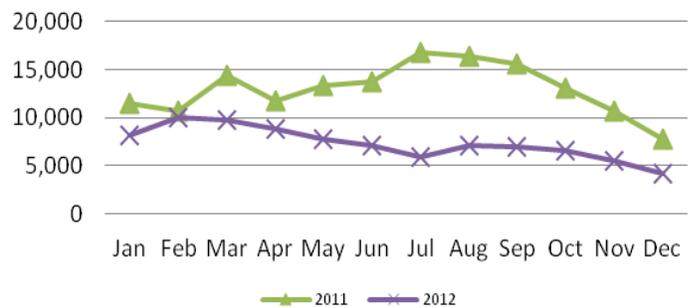
The monthly average admission for SAM was 3294 against 5165 in 2011 while the monthly average admission for MAM was 7615 children against an average of 13457 children in 2011.

This can be explained by the improved nutrition situation in 2012 as indicated by the improved GAM and SAM rates results from the nutrition surveys. The program outcomes are within the sphere standards of > 75% for recovery, <10% for death rate and < 15% for defaulter rate and >75% for recovery, <3% for death rate and < 15% for defaulter rate for the SAM and MAM programs respectively.

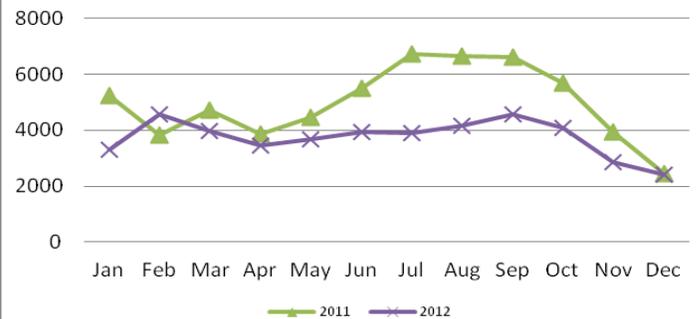
Severe Acute Malnutrition Admission Trends among Children <5 years in the ASAL



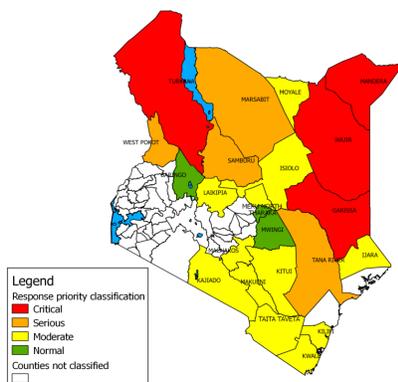
Moderate Acute Malnutrition Admission Trends among Children <5 years in the ASAL



Moderate Acute Malnutrition admissions among Pregnant & Lactating women in the ASAL areas



NUTRITION SECTOR/ COUNTY RESPONSE PRIORITY CLASSIFICATION/NOV 2012





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Working Groups Updates

Maternal Infant and Young Child Nutrition

- Breast Milk Substitute (Regulation and Control) Act 2012 enacted
- Breast Milk substitute (BMS) regulations submitted to the minister
- Code violation assessment to be conducted to provide baseline information for implementation of BMS regulation

Micronutrient Deficiency control

- National micronutrient survey - Preliminary report writing ongoing
- Food fortification
- Nutrition rapid assessment tool review ongoing
- Survey plan for 2013 has been completed
- Short rain assessment scheduled for 16th January – 16th February 2013

Nutrition Information Working Group

- Validated methodologies
Coverage surveys (SQUAEC):
Laikipia, Merti, Baringo

Smart surveys:

- Samburu North and Central
- Validated SMART survey findings:
East Pokot/Marigat Baringo
Central/ North, Mandera Central
Garissa SMART survey not validated due to serious quality issues
- Nutrition survey guideline revised and awaiting approval by Research Monitoring and Evaluation Committee
- National Nutrition Monitoring and Evaluation Framework approved by the NICC
- SMART survey training conducted in Kenya from 23rd to 26th Jan 2013
- CDC in the process of evaluating and supporting Nutrition Information Systems
- Nutrition Rapid Assessment tool developed
- Nutrition survey plan for 2013 ready
- SQUAEC methodology training held in Oct to Dec 2012



KEY MINISTRIES

- Ministry of Agriculture
- Ministry of Education
- Ministry of Livestock Development
- Ministry of State and Special Programmes
- Ministry of Fisheries
- Ministry of Gender and Children Affairs
- Ministry of Planning and National Development
- Ministry of Finance
- Ministry of Trade

Invitation to submit publication materials to the Kenya Nutrition Bulletin

The nutrition bulletin is a quarterly publication of the Division of Nutrition, Ministry of Public Health and Sanitation.

The deadline for submissions for next bulletin is 28th April, 2013.

The theme for the next bulletin is **"Health Diets and Life Style"**

To send your contributions, contact:

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