



MINISTRY OF HEALTH

NATIONAL POLICY GUIDELINE ON HOME FORTIFICATION WITH MICRONUTRIENT POWDER (MNP) FOR CHILDREN 6-23 MONTHS IN KENYA

Purpose of Micronutrient Powder (MNP) Supplementation

To improve the micronutrient status of children 6-23 months by improving the quality of their complementary feeding.

Target Group	6-23 months
Dose and Frequency	Each child should receive 10 sachets per month to be consumed every third day and no more than one sachet per day.
Duration	Each child should receive 60 sachets within 6 months.
Delivery System	Health facility

Sachet formulation (1 gram)	Vitamin A: 400 µg RE, Vitamin D : 5 µg, Vitamin E: 5 mg, Vitamin C : 30 mg, Thiamine (vitamin B1): 0.5 mg, Riboflavin (vitamin B2) : 0.5 mg, Niacin (vitamin B3): 6 mg, Vitamin B6 (pyridoxine): 0.5 mg, Vitamin B12 (cobalamine): 0.9 µg, Folate :150 µg, Iron: 10 mg, Zinc: 4.1 mg, Copper:0.56 mg, Selenium: 17 µg, Iodine: 90.0 µg
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Note:

1. Do not combine MNPs with other specially formulated products, such as RUTF (ready-to-use therapeutic food) for treatment of SAM (Severe Acute Malnutrition) and RUSF (Ready-to-Use Supplementary Food) or fortified blended foods such as WSB++ (wheat-soy-blend) or CSB++ (corn-soy-blend) for treatment MAM (Moderate Acute Malnutrition)
2. MNPs should also be given in malaria endemic areas.
3. Behavior change communication strategy should promote awareness and correct use of MNP alongside the recommended breastfeeding practices and commencement of complementary foods at 6 months.

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